## **Instructional Unit Title: Analysis of Performance**

The teacher may pose the essential question, "Why is important to analyze the performance of a skill?" so students can explore the significance of peer and self-evaluations for the purpose of improvement.



The teacher may review constructive feedback strategies so students can recognize the components of positive improvement critiques and understand the importance of providing and receiving suggestions.



The teacher may select and demonstrate one skill so students can develop their ability to categorize the cues within a movement pattern. (e.g. step in opposition, follow through, back straight)



The teacher may provide a movement analysis so students can determine key components of an evaluation protocol.



The teacher may review essential elements for peer and selfassessments so students can identify the steps necessary for drafting and refining a peer and self-evaluation tool.



The teacher may provide various evaluation tools so students can identify key components and the qualities of success criteria.



The teacher may model critiquing techniques within a movement skill scenario (e.g. role play) so students can visualize and appreciate qualities of constructive analysis.



PERFORMANCE ASSESSMENT: As a physically educated student, you will work with a peer group to develop an activity station to teach and perform a skill for the purpose of self-evaluation and peer analysis. Your group will decide on a skill to be performed (e.g. squats, jump rope, overhand throw at a target) and develop an assessment tool (e.g. rubric, checklist, task card) that will allow your group to self-analyze and your PE peers to offer feedback.

This unit was authored by a team of Colorado educators. The unit is intended to support teachers, schools, and districts as they make their own local decisions around the best instructional plans and practices for all students. To see the entire instructional unit sample with possible learning experiences, resources, differentiation, and assessments visit <a href="http://www.cde.state.co.us/standardsandinstruction/instructionalunitsamples">http://www.cde.state.co.us/standardsandinstruction/instructionalunitsamples</a>.