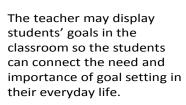
Instructional Unit Title: Character Counts

5th Grade Integrated Comprehensive Health and Physical Education

The teacher may introduce appropriate and inappropriate responses to winning and losing, utilizing video of various athletes in both situations, so students can critique the behavior and consider better choices connecting the behavior to the individual, the team, the coach, etc. (e.g. poor sportsmanship does not just reflect on you but on your team, coach, parents, etc.; outburst toward teammates affects how they perform after putting undo stress on them.)

The teacher may introduce winning and losing scenarios so students can brainstorm what winning and losing feels like, sounds like and looks like. The teacher may discuss the importance of staying physically active so students can explore how their own physical activity impacts them physically, emotionally and socially. (e.g. sleep better, improves mood, make friends, maintain healthy body)





Students will participate in various competitive games and activities. Prior to these games and activities, the teacher will secretly hand out role cards to certain students to be played out during the activity. Reaction to the situation by the teammates/class will be unscripted, discussed and evaluated. Students will use the "Brain Wall" to list "Poor Sportsmanship" and "Good Sportsmanship" After the brain wall is complete the teacher will create a poster/board of ideas to be displayed throughout the year as a reminder for students. https://s-media-cache-ak0.pinimg.com/236x/87/72/7a/87727ae88a9f4281375997a57bd4efb3.jpg

(Graphic Organizer idea for Brain Wall)

This unit was authored by a team of Colorado educators. The unit is intended to support teachers, schools, and districts as they make their own local decisions around the best instructional plans and practices for all students. To see the entire instructional unit sample with possible learning experiences, resources, differentiation, and assessments visit <u>http://www.cde.state.co.us/standardsandinstruction/instructionalunitsamples</u>.

Colorado Teacher-Authored Instructional Unit Sample Storyboard

