The teacher may bring in children's books demonstrating effective inter-personal skills with friend during recess and sports and in the classroom so students can analyze the effects of positive verbal communication skills.



The teacher may model/create a scenario/using images to provide examples of non-verbal communication so students can evaluate how their body posture and facial expressions communicate emotions.



The teacher may provide video clips of people congratulating and encouraging others, cooperating, being considerate, and being accepting of others. Videos can also include ways to express personal space and boundaries so students can evaluate appropriate ways to express themselves in various situations.



The teacher may read the book, How Full is Your Bucket for Kids and then create a role play scenario demonstrating how to give feedback in both a positive and negative way, highlighting self-respect and self-esteem so students can evaluate the implications of both types of feedback.



Students will work with a partner to create a value.com billboard. Teachers may purposely assign specific rules to student pairs or allow students to choose their rule focus. Students will use their experiences in elementary school and the knowledge they have gained in this unit to create "billboards" that emphasize the kinds of values and strategies needed to express emotions, personal needs, boundaries, sportsmanship skills and communication in order to to develop healthy relationships. e.g. sportsmanship, courage, encourage, inspiration, kindness, etc. These Billboards will be posted throughout the school to promote positive behaviors and communication to encourage a healthy school environment.

This unit was authored by a team of Colorado educators. The unit is intended to support teachers, schools, and districts as they make their own local decisions around the best instructional plans and practices for all students. To see the entire instructional unit sample with possible learning experiences, resources, differentiation, and assessments visit https://www.cde.state.co.us/standardsandinstruction/instructionalunitsamples.