Instructional Unit Title: Making Friends Through Sharing and Exploring Movement

Dance Kindergarten

The teacher may introduce the principles of safety, along with personal and general space so the students can practice maintaining personal space while moving in general space with others

The teacher may demonstrate how various body parts move so students can explore how to make shapes in one's personal space.

The teacher may model movement mirroring so that students can experience moving together in general space.

The teacher may demonstrate even and uneven rhythms through loco motor movements so students can share and communicate non-verbally with rhythm in general space.

The teacher may provide additional examples of movements and shapes that symbolize emotions so students can think creatively together to complete a simple movement phrase.

The teacher may guide students to work with partners to mirror and match movements so students can demonstrate understanding of movement in response to others.

The teacher may lead a discussion about appropriate ways to cooperate so students can safely work together to create a travel pattern.

The teacher may encourage exploration of rhythmic movement patterns so that students can learn how to collaboratively develop simple patterns in dance.



The teacher may provide opportunities for practicing movements so that students can gain confidence in dancing cooperatively.

The teacher may discuss how to respectfully watch a live dance performance so the students can observe and appreciate the creativity of others.

PERFORMANCE ASSESSMENT: Your school and class are always getting new students! So, your teacher has decided to form a "new kids" welcome committee! As a member of this committee your work will be to demonstrate to other students how you would use body movements and shapes to help tell new students/friends about yourself. You will explore safe forms of movement and share personal patterns (rhythms) and unique ways of walking, jumping, hopping, etc. You will also demonstrate how you would invite new friends/classmates to join in your movements to express themselves and move together to create new movements together.

This unit was authored by a team of Colorado educators. The unit is intended to support teachers, schools, and districts as they make their own local decisions around the best instructional plans and practices for all students. To see the entire instructional unit sample with possible learning experiences, resources, differentiation, and assessments visit http://www.cde.state.co.us/standardsandinstruction/instructionalunitsamples.