The teacher may introduce the concept of relationships so students can begin to develop their own definition of relationships.



The teacher may show episodes or video clips from a family T.V show or movie (e.g. Modern Family, Parenthood) so students can identify how various family structures reflect persona beliefs.



The teacher may introduce elements of nurturing vs. non-nurturing (refer to teacher resources) families so students can apply the characteristics to their own experiences.



The teacher may pose the questions "How do you know you are in a healthy/unhealthy relationship?" so students can evaluate qualities possessed in both types.



The teacher may pose the questions "What is the difference between sex and sexuality?" so students can recognize the difference.



The teacher may provide guest speaker (e.g. physician, HIV care link, Colorado AIDS project) so students can connect the importance of being tested to how it impacts one's sexual health.



The teacher may provide fact sheets for various STIs so students can evaluate symptoms, preventions and transmissions.



The teacher may present various statistics on teen date rape and sexual assault so students can become aware of the frequency of sexual violence in dating relationships.



The teacher may present various pressure line scenarios so students can use effective communication and refusal skills to manage pressure and encourage responsible sexual health.



The teacher may present examples of various levels of intimacy so students can analyze their sexual limits and establish a definition of abstinence.



The teacher may provide examples of contraception options so students can make healthy decisions about possible sexual activity.



The teacher may provide short stories or videos that document teen pregnancies from both the mother and father's perspective so students can analyze how teen pregnancy impacts their relationships and future goals (e.g. financial, educational, emotional)



The teacher may provide examples of criteria to evaluate the validity of a credible resource so students can research viable resources for healthy relationships, positive sexual health, STIs, teen pregnancy and contraception.



Performance Assessment: Students will work in groups to design a product (e.g. Pamphlet, Blog, Poster, Video, Commercial, Radio announcement, Facebook page) that illustrates:

Positive decision making skills

Information/Facts/Statistics

Slogans/catch phrases

Appealing format to the target audience (e.g. placement, font, colors, pictures)

Credible resources/Help/more information

Question and Answer section

Myths

Personal Choices