# Unit Title: Be a "Buddy" not a "Bully"

#### **INSTRUCTIONAL UNIT AUTHORS**

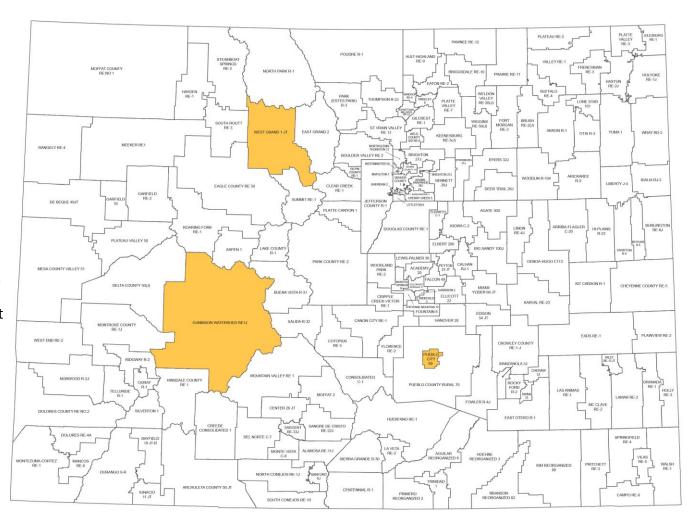
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# BASED ON A CURRICULUM OVERVIEW SAMPLE AUTHORED BY

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This unit was authored by a team of Colorado educators. The template provided one example of unit design that enabled teacherauthors to organize possible learning experiences, resources, differentiation, and assessments. The unit is intended to support teachers, schools, and districts as they make their own local decisions around the best instructional plans and practices for all students.

Colorado Teacher-Authored Sample Instructional Unit					
Content Area Comprehensive Health			Grade Level	2 <sup>nd</sup> Grade	
Course Name/Course Code					
Standard	Grade Level Expectations (GLE)				GLE Code
2. Physical and Personal	1. Identify eating behaviors that contribute to main	taining good health	1		CH09-GR.2-S.2-GLE.1
Wellness	2. Recognize basic childhood chronic diseases				CH09-GR.2-S.2-GLE.2
4. Prevention and Risk	1. Identify the dangers of using tobacco products ar	nd being exposed to	second hand smoke.		CH09-GR.2-S.4-GLE.1
Management	2. Identify safe and proper use of household produc	cts			CH09-GR.2-S.4-GLE.2
	3. Explain why bullying is harmful and how to respond appropriately			CH09-GR.2-S.4-GLE.3	
Demonstrate interpersonal communication skills to previous situation			r to ask for help in an er	mergency or unsafe	CH09-GR.2-S.4-GLE.4
Ser Direction Invention Invention	Critical Thinking and Reasoning: Thinking Deeply, Thinking Differently Information Literacy: Untangling the Web Collaboration: Working Together, Learning Together Self-Direction: Own Your Learning Invention: Creating Solutions	describes what led do as they develo utilization of know physical, mental, being will be supp the standard area	s, Emotional and Social	d be able to The nce ell- ugh Co Comp Health Educati	olorado's prehensive and Physical on Standards and Emotional

Unit Titles	Length of Unit/Contact Hours	Unit Number/Sequence
Be a "Buddy" not a "Bully"	At teacher's discretion	4

Unit Title	Be a "Buddy" not a "Bully"  Perspective  Standards and Grade Level Expectations Addressed in this Unit		Length of Unit CH09-GR.2-S.4-GLE.3	
Focusing Lens(es)				
Inquiry Questions (Engaging- Debatable):	<ul> <li>From your perspective, what is the difference between teasing and bullying? (CH09-GR.2-S.4-GLE.3-EO.c)</li> <li>How does the saying, "walk a mile in the other person's shoes" apply to teasing and bullying? (CH09-GR.2-S.4-GLE.3-EO.a,b;IQ.1)</li> <li>If it's just making fun then how can it be harmful? (CH09-GR.2-S.4-GLE.3-EO.a)</li> </ul>			
Unit Strands	Prevention and Risk Management			
Concepts	Healthy, Relationships, Point of View (Perspective), Responsibility, Acceptance, Communication, Well-being, Respect, Safety, Understanding, Empathy, Behaviors			

Generalizations	Guiding Questions			
My students will Understand that	Factual	Conceptual		
Acceptance of others and understanding of different perspectives builds personal capacity for empathy and contributes to safe environments. (CH09-GR.2-S.4-GLE.3;N.1)	How can a person show tolerance and appreciation for diversity?	When was a time you experienced someone not being accepting or understanding of you?		
Healthy relationships contribute to our safety and well- being and determine how we respect, treat and communicate with each other (CH09-GR.2-S.4-GLE.3-EO.c)	Why would bullying not be part of a healthy relationship? (CH09-GR.2-S.4-GLE.3-EO.b)	Are there ever times when a healthy relationship might include teasing or bullying?		
Responsible students can identify and help prevent bullying and teasing behaviors which can create an attitude of acceptance of self and others (CH09-GR.2-S.4-GLE.3-EO.c)	What is the difference between bullying and teasing? (CH09-GR.2-S.4-GLE.3-EO.c) How can you identify bullying behaviors? (CH09-GR.2-S.4-GLE.3-EO.c)	Is it always smart to intervene during a bullying incident? (CH09-GR.2-S.4-GLE.3-EO.d)		
The use of strong communication skills provides opportunities for people to demonstrate understanding, respect, and empathy. (CH09-GR.2-S.4-GLE.3-EO.d)	Identify strategies that can be used to prevent bullying and teasing? (CH09-GR.2-S.4-GLE.3-EO.d)	How does who I am as an individual affect how I communicate with others? (S.4-GLE.3-EO.a,d) Why should I care if someone else is being bullied or teased? (CH09-GR.2-S.4-GLE.3-EO.b)		

Critical Content: My students will Know	Key Skills: My students will be able to (Do)	
<ul> <li>the signs of bullying (CH09-GR.2-S.4-GLE.3-EO.c)</li> <li>the difference between teasing and bullying (CH09-GR.2-S.4-GLE.3-EO.c)</li> <li>the effects of bullying and teasing (CH09-GR.2-S.4-GLE.3-EO.b, c;IQ.2)</li> <li>appropriate anti-bullying strategies (CH09-GR.2-S.4-GLE.3-EO.d;IQ. 2;RA.1;N 1)</li> <li>different perspectives of people (CH09-GR.2-S.4-GLE.3-EO.d;IQ.1)</li> </ul>	<ul> <li>intervene and respond appropriately if self or others are being teased or bullied (CH09-GR.2-S.4-GLE.3-EO.d)</li> <li>differentiate between bullying and teasing (CH09-GR.2-S.4-GLE.3-EO.c)</li> <li>show support to someone who has been harmed by bullying (CH09-GR.2-S.4-GLE.3-EO.d;IQ. 1)</li> <li>identify helpful caring and trusted professionals and or adults in a bullying situation (CH09-GR.2-S.4-GLE.3-EO.d;IQ.2;RA.1;N.1)</li> </ul>	

Critical Language: includes the Academic and Technical vocabulary, semantics, and discourse which are particular to and necessary for accessing a given discipline.  EXAMPLE: A student in Language Arts can demonstrate the ability to apply and comprehend critical language through the following statement: "Mark Twain exposes the hypocrisy of slavery through the use of satire."				
A student in can demonstrate the ability to apply and comprehend critical language through the following statement(s):  I understand that tolerance, acceptance and understanding other people's point of view will help to prevent teas and bullying.				
Academic Vocabulary:	Acceptance, Tolerance, Feelings, Health, Communication, Well-being, Respect, Safety, Understanding, Relationships, Responsibility,			
Technical Vocabulary:	Bullying, Teasing, Empathy, Perspective			

Unit Description:	This unit uses friendship relationships to help students develop their understanding of healthy interpersonal relationships as well as unhealthy bullying relationships. Through the examination of effective communication skills (speaking and listening) and perspective-comprehension strategies, students will actively explore proactive anti bullying and empathy-building activities. The unit culminates with students creating (audience) interactive skits to share their perspective on bullying prevention. The ongoing learning experiences center around role-playing as a means to scaffold and prepare students for the creation of their own skits.					
Considerations:	A friendship relationship represents an interpersonal connection that, developmentally and socially, will resonate with most, if not all, 2nd graders. The unit uses friendships, their attributes and demands, as a basis for students to examine how best to communicate, empathize, and problem solve with others. These characteristics of friends/friendships are used to illustrate and reflect some strategies for deescalating and/or preventing bullying.					
	Unit Generalizations					
Key Generalization:	Responsible students can identify and help prevent bullying and teasing behaviors which can create an attitude of acceptance of self and others					
Supporting Generalizations:	The use of strong communication skills provides opportunities for people to demonstrate understanding, respect, and empathy					
	Healthy relationships contribute to our safety and well-being and determine how we respect, treat and communicate with each other					
	Acceptance of others and understanding of different perspectives builds personal capacity for empathy and contributes to safe environments					

Performance Assessment: The capstone/summative assessment for this unit.						
Claims: (Key generalization(s) to be mastered and demonstrated through the capstone assessment.)	Responsible students can identify and help prevent bullying and teasing behaviors which can create an attitude of acceptance of self and others					
Stimulus Material: (Engaging scenario that includes role, audience, goal/outcome and explicitly connects the key generalization)	As a group of student actors you will create and perform a scene with the goal of identifying and differentiating bullying and teasing. As part of your performance you will be responsible for engaging the audience in analyzing acts of bullying and teasing; your scene will contain teasing and bullying and you will ask the audience to differentiate between the two. In addition, you will provide the audience with two alternative endings (prevention strategies) to the bullying in the scene, and allow the audience to decide the best prevention strategy.					
Product/Evidence: (Expected product from students)	<ul> <li>Students may work in purposeful heterogeneous groups to produce:</li> <li>Script for their skit</li> <li>Placards for the audience ( to be used to allow the audience to display their "votes" about acts of bullying vs. acts of playful teasing) <a href="https://rfclipart.com/hand-with-blank-placard-1487-vector-clipart.html">http://rfclipart.com/hand-with-blank-placard-1487-vector-clipart.html</a> (Placard template)</li> <li>Exit cards (for the audience to choose the ending that would best prevent bullying)</li> </ul>					
Differentiation: (Multiple modes for student expression)	The teacher may allow students to read from script during the presentation of the scene. In addition students may take on various roles/tasks within the group:  • Writer  • Director  • Set designer  • Performer  • MC/ Moderator					

Texts for independent reading or for class read aloud to support the content			
Informational/Non-Fiction	Fiction		
Kate & Pippin An Unlikely Love Story -Martin Springett; Photographs – Isobel Springett (Lexile level: 830)  Bullying - Lucia Raatma (Lexile level: 600)  Bullying - Elizabeth Raum (Lexile level: 450)  Speak Up and Get Along!: Learn the Mighty Might, Thought Chop, and More Tools to Make Friends, Stop Teasing, and Feel Good About Yourself- Scott Cooper (Author) (Lexile level: 790)  Hana's Suitcase - Karen Levine (Lexile level: 730)  The Feelings Book: The Care and Keeping of Your Emotions- Dr. Lynda Madison (Lexile level: 840)  Bullies Are a Pain in the Brain- Trevor Romain (Lexile level: 700)	Pumpkin Soup - Helen Cooper (Lexile level: 310)  Amos & Boris-William Steig (Lexile level: 810)  Same, Same But Different - Jenny Sue Kostecki-Shaw (Lexile level: 320)  Llama Llama and the Bully Goat-Anna Dewdney (Lexile level: 330)  The Sneetches - Dr. Seuss (Lexile level: 530)  Each Kindness - Jacqueline Woodson (Lexile level: 640)  My Secret Bully - Trudy Ludwig (Lexile level: 630)  Growing Up with a Bucket Full Happiness - Carol McCloud (Lexile level: 710)  Just Kidding - Trudy Ludwig, Adam Gustavson (Illustrator) (Lexile level: 610)  Tease Monster: A Book about Teasing Vs. Bullying (Building Relationships)- Julia Cook (Lexile level: 600-800)  Casey and Bella Face Their First Bully - Jane Lovascio and Aija Jasuna (Lexile level: 600-800)  Stand in My Shoes: Kids Learning about Empathy - Bob Sornson Ph.D. (Lexile level: 600-800)  Stop Picking On Me (A First Look At Bullying) - Pat Thomas and Lesley Harker (Lexile level: 750)  My Mouth Is a Volcano! - Julia Cook and Carrie Hartman (Lexile level: 600-800)  The Littlest Dragon - Michael Yu and Michael St. Nicholas (Lexile level: 600-800)  Don't Laugh at Me - Steve Seskin, Allen Shamblin and Glin Dibley (Lexile level: 600-800)  Stand Up for Yourself and Your Friends: Dealing with Bullies and Bossiness and Finding a Better Way - Patti Kelley Criswell and Angela Martini (Lexile level: 740)  Confessions of a Former Bully - Trudy Ludwig and Beth Adams (Lexile level: 810)  Howard B. Wigglebottom Learns About Bullies - Howard Binkow and Susan F.  Cornelison (Lexile level: 680)  Making a Bully-Free World - Pamela Hall (Lexile level: 580)  No, I Don't Want to Play Today: An African Tale about Bullying- Jones Brenda (Lexile level: 600-800)		

On	Ongoing Discipline-Specific Learning Experiences			
1.	Description:	Think and work like a health advocate- responding appropriately to bully and teasing	Teacher Resources:	http://www.eycb.coe.int/compasito/chapter 4/pdf/4 8.pdf ( Numerous role-playing scenarios that focus on developing strong communication skills for self-advocacy and advocacy for others)
			Student Resources:	http://cte.sfasu.edu/wp-content/uploads/2012/04/The-Communication-Process.pdf (A modifiable graphic organizer that students can use to construct responses to the scenarios)

	Skills:	Develop strong communication skills to intervene and respond appropriately when being teased or bullied	Assessment:	Role playing Students will engage in specific scenarios that ask them to consider the ways they can best act as self- advocates when experiencing bullying.
2.	Description:	Think and work like a health advocate- showing support for bullying victims	Teacher Resources:	http://www.eycb.coe.int/compasito/chapter 4/pdf/4 8.pdf ( Numerous role-playing scenarios that focus on developing strong communication skills for self-advocacy and advocacy for others)
			Student Resources:	http://cte.sfasu.edu/wp-content/uploads/2012/04/The-Communication-Process.pdf (A modifiable graphic organizer that students can use to construct responses to the scenarios)
	Skills:	Develop strong communication skills to support someone who has been harmed - bullying	Assessment:	Role playing Students will engage in specific scenarios that ask them to consider the ways they can best act as advocates for others experiencing bullying.

# **Prior Knowledge and Experiences**

These ongoing learning experiences build upon a presumed (student) working knowledge of the concepts such as trusted adult, active listening, and bullying. This unit will develop these concepts but they are not introduced in the unit.

#### Learning Experience # 1

The teacher may brainstorm with students multiple responses to the question "What makes a friend?" so students can start to generate personal and/or collective understandings of the specific qualities of friends and friendship.

generate personal and/or collective understandings of the specific qualities of mends and mendship.					
Generalization Connection(s):	Healthy relationships contribute to our safety and well-being and determine how we respect, treat and communicate with each other				
Teacher Resources:	http://olc.spsd.sk.ca/de/pd/instr/strats/wordwall/ (How to make a word wall and activities that go along with them) http://puzzlemaker.discoveryeducation.com/WordSearchSetupForm.asp (Create a free word find) http://learningtasks.weebly.com/vocabulary-strategies.html (Vocabulary strategies) http://www.youtube.com/watch?v=WaddbqEQ1NE (Fill your bucket friendship song and video)				
Student Resources:	http://www.wordle.net/ (Create images of words based on frequency of usage) http://puzzlemaker.discoveryeducation.com/WordSearchSetupForm.asp (Create a free word find) http://www.youtube.com/watch?v=WaddbqEQ1NE (Fill your bucket friendship song and video)				
Assessment:	Working in small groups, students will provide and defend the choice of a minimum of three words per group to add to a word bank of vocabulary throughout the unit (friendship, bullying, teasing) on display in the room. Students can add to this word bank throughout the unit. (For this part of the unit words will focus on friendship).				

Differentiation:	Access (Resources and/or Process)	Expression (Products and/or Performance)
(Multiple means for students to access content and multiple modes for student to express understanding.)	The teacher may provide students with magazine pictures or create drawings to represent the words	Students may create a visual representation of words of their choosing
Extensions for depth and complexity:	Access (Resources and/or Process)	Expression (Products and/or Performance)
	N/A	Students may produce sentences from the word wall display about friendships Students may produce and illustrate a story from the word wall display about friendship
Critical Content:	Aspects of friendship	
Key Skills:	Building vocabulary around friendship	
Critical Language:	Acceptance, tolerance, feelings, well-being, respect, understanding, relationships, friendship	

Learning Experience # 2		
The teacher may facilitate a discussion of scenarios that exhibit positive/healthy relationships and negative/unhealthy relationships so students can share thoughts and hear others' thoughts regarding the attributes of true friendships.		
Generalization Connection(s):	Healthy relationships contribute to our safety and well-being and determine how we respect, treat and communicate with each other	
Teacher Resources:	https://jfs.ohio.gov/OCTF/teach your child how to develop healthy relationships.pdf (Teaching healthy relationships) http://www.ket.org/education/guides/character_ed_k4/char-ed_prog17.pdf (Teacher lessons plans of friendships) http://www.enchantedlearning.com/grammar/partsofspeech/adjectives/8characteradjectives/ (Graphic organizer/web)	
Student Resources:	Amos & Boris-William Steig <a href="http://www.enchantedlearning.com/grammar/partsofspeech/adjectives/8characteradjectives/">http://www.enchantedlearning.com/grammar/partsofspeech/adjectives/8characteradjectives/</a> (graphic organizer/web) <a href="http://www.scholastic.com/cliffordbebig/kids/kids-slide-09.htm#">http://www.scholastic.com/cliffordbebig/kids/kids-slide-09.htm#</a> (Clifford video on how to be a good friend and coloring sheet)	
Assessment:	As a class, students will create 2 semantic webs in order to identify the differences between healthy/good and unhealthy/bad relationships.	
Differentiation:	Access (Resources and/or Process)	Expression (Products and/or Performance)
(Multiple means for students to access content and multiple modes for student to express understanding.)	http://www.enchantedlearning.com/grammar/partsofspeech /adjectives/8characteradjectives/ (Graphic organizer/web)	Students may complete a partially-filled-in graphic organizer for either or both

Extensions for depth and complexity:	Access (Resources and/or Process)	Expression (Products and/or Performance)
	http://www.enchantedlearning.com/grammar/partsofspeech/adjectives/8characteradjectives/ (Graphic organizer/web)	Students may complete graphic organizers documenting other healthy/unhealthy relationship scenarios (e.g., between student/teacher, parent/child, etc)
Critical Content:	Aspects of healthy/unhealthy relationships	
Key Skills:	Identifying healthy/unhealthy relationships	
Critical Language:	Healthy, unhealthy, friendships, relationships, feelings, health, well-being, respect, understanding	

Learning Experience # 3		
The teacher may demonstrate self-advocacy techniques (e.g., using "I" statements in tense situations) so students can begin thinking about ways to feel safe expressing personal feelings and perspectives.		
Generalization Connection(s):	Healthy relationships contribute to our safety and well-being and determine how we respect, treat and communicate with each other  The use of strong communication skills provides opportunities for people to demonstrate understanding, respect, and empathy	
Teacher Resources:	http://www.austincc.edu/colangelo/1318/istatements.htm (Using I statements for feelings) http://learningtogive.org/lessons/unit156/lesson5.html (Lesson plans with scenarios for practicing I statements with feelings) http://www.do2learn.com/activities/SocialSkills/EmotionAndScenarioCards/EmotionAndScenarioCards.html (Emotion matching)	
Student Resources:	The Way I Feel-Janan Cain	
Assessment:	Students will role play how to advocate for oneself in uncomfortable situations using scenarios provided by the teacher. <a href="http://learningtogive.org/lessons/unit156/lesson5.html">http://learningtogive.org/lessons/unit156/lesson5.html</a> (Lesson plans with scenarios for practicing I statements with feelings)	
Differentiation:	Access (Resources and/or Process)	Expression (Products and/or Performance)
(Multiple means for students to access content and multiple modes for student to express understanding.)	The teacher may have students work with partners to develop their role play	Students may present role play together
Extensions for depth and complexity:	Access (Resources and/or Process)	Expression (Products and/or Performance)
	http://learningtogive.org/lessons/unit156/lesson5.html (Examples to develop scenarios)	Students may perform these scenarios for the class
Critical Content:	Different perspectives of people	
Key Skills:	Show support and understanding for different perspectives	
Critical Language:	"I" statements, self-advocacy, perspective, acceptance, tolerance, feelings, communication, well-being, respect, safety, understanding, relationships	

### Learning Experience # 4

The teacher may present materials/situations where students can hear (sensory perception of sound) but struggle to listen/comprehend (e.g., ordinary sounds taken out of context) so students can begin to consider the difference between passive hearing and active listening.

passive hearing and active listening.		
Generalization Connection(s):	Acceptance of others and understanding of different perspectives builds personal capacity for empathy and contributes to safe environments  The use of strong communication skills provides opportunities for people to demonstrate understanding, respect, and empathy	
Teacher Resources:	http://www.findsounds.com/types.html (Various animal and sounds recorded) http://www.ehow.com/about 5332712 effective-communication-skills-children.html (Effective Communication Skills for Children. Having effective communication skills means more than just knowing how to talk.) http://www.ehow.com/about 5505400 active-listening-skills-activities.html (Creative ways to introduce communication skills, listening and understanding) http://www.fuelthebrain.com/Interactives/app.php?ID=75 (Interactive Venn diagram) http://www.scholastic.com/teachers/lesson-plan/graphic-organizer-venn-diagram (Printable Venn diagram) http://www.educationworld.com/a tsl/archives/02-1/lesson020.shtml (A drawing lesson to increase communication) http://artofeloquence.com/10-fun-ways-comm/ (Fun ways to teach communication) http://faculty.washington.edu/chudler/chhearing.html (Listening activities for teachers to use)	
Student Resources:	Listen Up, Larry (Veggie Tales Series: I Can Read!)- Karen Poth <a href="http://www.fuelthebrain.com/Interactives/app.php?ID=75">http://www.fuelthebrain.com/Interactives/app.php?ID=75</a> (Interactive Venn diagram) <a href="http://www.scholastic.com/teachers/lesson-plan/graphic-organizer-venn-diagram">http://www.scholastic.com/teachers/lesson-plan/graphic-organizer-venn-diagram</a> (Printable Venn diagram)	
Assessment:	Students will create a compare/contrast graphic organizer to analyze similarities and differences between hearing/sound perception and listening/comprehending.	
Differentiation:	Access (Resources and/or Process) Expression (Products and/or Performance)	
(Multiple means for students to access content and multiple modes for student to express understanding.)	http://www.fuelthebrain.com/Interactives/app.php?ID=75 (Interactive Venn diagram)	Students may use the interactive graphic organizer and complete the Venn diagram as a small group or they could work with a partner Students may also fill in fewer responses to the Venn diagram
Extensions for depth and complexity:	Access (Resources and/or Process)	Expression (Products and/or Performance)
	http://faculty.washington.edu/chudler/chhearing.html (Teacher object box-listening activities)	Students may create sounds using objects from the sound box and have the class identify them
Critical Content:	<ul> <li>Different perspectives of people</li> <li>Listening and understanding</li> </ul>	
Key Skills:	Understanding the connections between listening, hearing, and comprehending	
Critical Language:	Communication, respect, understanding, relationships, responsibility, perspective	

Learning Experience # 5	Learning Experience # 5		
The teacher may demonstrate body-posture attributes related to effective communication (eye contact, posture, and physical acknowledgement) so students can physically illustrate active listening that can acknowledge/advance understanding.			
Generalization Connection(s):	Acceptance of others and understanding of different perspectives builds personal capacity for empathy and contributes to safe environments  The use of strong communication skills provides opportunities for people to demonstrate understanding, respect, and empathy		
Teacher Resources:	http://www.ehow.com/about 5332712 effective-communication-skills-children.html (Effective Communication Skills for Children) http://www.wikihow.com/Develop-Good-Communication-Skills (Steps and tips to help you develop good communication skills)		
Student Resources:	http://www.kidscommunicating.org/coloring-book.html (Communicating coloring book) http://www.youtube.com/watch?v=TBBUW95l6hl (Listening song)		
Assessment:	Working in pairs, the students will role play various physical representations of body language to illustrate listening and not listening scenarios.		
Differentiation:	Access (Resources and/or Process)	Expression (Products and/or Performance)	
(Multiple means for students to access content and multiple modes for student to express understanding.)	The teacher may provide photo of individuals in different scenario (engaged in listening/ not engaged)  https://www.google.com/search?q=active+listening+skills+pic tures&tbm=isch&tbo=u&source=univ&sa=X&ei=8h- ZUOPfFcrioATx1oLwCA&ved=0CCkQsAQ&biw=1376&bih=8 82 (Some images of active and non-active listening)	Students may identify whether the person is actively engaged in listening or not	
Extensions for depth and complexity:	Access (Resources and/or Process)	Expression (Products and/or Performance)	
	http://www.vickiblackwell.com/makingbooks.html (Book template for students online and print) http://www.thecurriculumcorner.com/wp- content/pdf/writingblankbookhalffold.pdf (Printable book for kids to fill out)	Students may create an illustrated class book of all the actively learning strategies presented in class	
Critical Content:	Different perspectives of people		
Key Skills:	Effectively listening through body language		
Critical Language:	Acceptance, tolerance, feelings, communication, respect, understanding, relationships, responsibility, perspective		

Learning Experience # 6		
The teacher may use quotes and images to bring to life the phrase "walking a mile in another person's shoes" so students can begin to grasp the concept of empathy and comprehend the value of appreciating multiple perspectives.		
Generalization Connection(s):	Acceptance of others and understanding of different perspectives builds personal capacity for empathy and contributes to safe environments  The use of strong communication skills provides opportunities for people to demonstrate understanding, respect, and empathy	
Teacher Resources:	http://www.searchquotes.com/search/Try Walking A Mile In My Shoes/ (Walk a mile in my shoes-quotes) http://www.morningsidecenter.org/teachable-moment/lessons/point-view-grades-3-6 (Lesson on different perspectives on scenarios) http://www.betterparentinginstitute.com/Better-Parenting/parenting-child-raising-skills/813/ (Parts of a whole perspective, elephant image) http://blogs.swa-jkt.com/swa/11221/tag/perspective/ (Fish bowl perspective)	
Student Resources:	http://www.betterparentinginstitute.com/Better-Parenting/parenting-child-raising-skills/813/ (Parts of a whole perspective, elephant image) http://blogs.swa-jkt.com/swa/11221/tag/perspective/ (Fish bowl perspective) Stand in My Shoes: Kids Learning about Empathy - Bob Sornson Ph.D.	
Assessment:	The students will be asked to write about an event from more than one perspective which involves more than one party (teachers can use videos, stories, scenarios).	
Differentiation:	Access (Resources and/or Process)	Expression (Products and/or Performance)
(Multiple means for students to access content and multiple modes for student to express understanding.)	http://www.betterparentinginstitute.com/Better- Parenting/parenting-child-raising-skills/813/ (Parts of a whole perspective, elephant image) http://blogs.swa-jkt.com/swa/11221/tag/perspective/ (Fish bowl perspective)	Students may demonstrate different perspectives through group discussion, role playing, one-on-one interactions with the teacher
Extensions for depth and complexity:	Access (Resources and/or Process)	Expression (Products and/or Performance)
	N/A	Students may create their own image/situation that contains multiple perspectives
Critical Content:	Different perspectives of people	
Key Skills:	Differentiate between bullying and teasing	
Critical Language:	Acceptance, tolerance, feelings, communication, respect, understanding, relationships, responsibility, empathy, perspective	

### **Learning Experience #7**

The teacher may present interpersonal scenarios/situations that demonstrate none of the qualities examined in previous learning experiences (self-advocacy, listening, and empathy) so students can begin to recognize bullying as unhealthy and antithetical to friendship.

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Generalization Connection(s):	Acceptance of others and understanding of different perspectives builds personal capacity for empathy and contributes to safe environments		
Teacher Resources:	http://www.youtube.com/watch?v=vIA28AZwuo4 ('The Meanest Girl in Second Grade,' video about a girl video) http://www.youtube.com/watch?v=riu3oyJzkU0 ('Buddy Learns about Teasing,' cartoon on teasing) http://www.youtube.com/watch?v=cuUDecSTLDM ('Dragon Tales', teasing video) http://www.youtube.com/watch?v=UNZKKoy4US0 ('Bully' video with no words, the end isn't positive but the first part is a great example)		
Student Resources:	http://www.youtube.com/watch?v=vIA28AZwuo4 ('The Meanest Girl in Second Grade,' video about a girl video) http://www.youtube.com/watch?v=riu3oyJzkU0 ('Buddy Learns about Teasing," cartoon on teasing) http://www.youtube.com/watch?v=cuUDecSTLDM ('Dragon Tales', teasing video)		
Assessment:	Students will use the word wall to locate the concepts and vocabulary that represent actions and attributes missing from these the interpersonal scenarios/situations.		
Differentiation:	Access (Resources and/or Process)	Expression (Products and/or Performance)	
(Multiple means for students to access content and multiple modes for student to express understanding.)	N/A	Students may work with partners to provide antonyms to the class word wall's friends/friendship vocabulary	
Extensions for depth and complexity:	Access (Resources and/or Process)	Expression (Products and/or Performance)	
	http://www.wordle.net/ (Wordle image of words you choose)	Student may add vocabulary to the word wall to describe bullying and/or unhealthy relationships Students may also create a Wordle of healthy friendship vocabulary	
Critical Content:	<ul> <li>Signs of bullying</li> <li>Effects of bullying</li> </ul>		
Key Skills:	Identifying healthy and unhealthy friendships		
Critical Language:	Acceptance, tolerance, feelings, healthy, unhealthy, communication, respect, understanding, friendship, responsibility, bullying, empathy, perspective		

Colorado Teacher-Authored Sample Instructional Unit			
Learning Experience # 8	Learning Experience # 8		
The teacher may facilitate a discussion with students regarding past bullying/teasing experiences at school so students can recognize and work together to define the differences between bullying and (playful) teasing.			
Generalization Connection(s):	Responsible students can identify and help prevent bullying and teasing behaviors which can create an attitude of acceptance of self and others		
Teacher Resources:	http://www.youtube.com/watch?v=riu3oyJzkU0 ('Buddy Learns about Teasing," cartoon on teasing) http://www.youtube.com/watch?v=cuUDecSTLDM ('Dragon Tales', teasing video) http://www.youtube.com/watch?v=vIA28AZwuo4 ('The Meanest Girl in Second Grade,' video about a girl video)		
Student Resources:	http://www.youtube.com/watch?v=riu3oyJzkU0 ('Buddy Learns about Teasing," cartoon on teasing) http://www.youtube.com/watch?v=cuUDecSTLDM ('Dragon Tales', teasing video) http://www.youtube.com/watch?v=vIA28AZwuo4 ('The Meanest Girl in Second Grade,' video about a girl video)		
Assessment:	Students will be provided with scenario(s) of bullying <u>or</u> teasing. They will demonstrate their understanding of the situation by displaying placards (smiling/frowning face, thumbs up/down, green card/red card) that appropriately identifies the act. (These placards are intended to scaffold the ones the students will create for their performance task.) <a href="https://rfclipart.com/hand-with-blank-placard-1487-vector-clipart.html">http://rfclipart.com/hand-with-blank-placard-1487-vector-clipart.html</a> (Placard template)		
Differentiation:	Access (Resources and/or Process)	Expression (Products and/or Performance)	
(Multiple means for students to access content and multiple modes for student to express understanding.)	N/A	Students may work with a partner to choose appropriate placards during the assessment of the scenarios	
Extensions for depth and complexity:	Access (Resources and/or Process)	Expression (Products and/or Performance)	
	http://www.eduplace.com/graphicorganizer/pdf/ladder.pdf (Graphic organizer ladder)	Students may use the notes and class discussion to create the class definition of bullying vs. teasing	
Critical Content:	<ul> <li>Difference between teasing and bullying</li> <li>Effects of bullying and teasing</li> </ul>		
Key Skills:	Differentiate between bullying and teasing		
Critical Language:	Acceptance, tolerance, feelings, communication, respect, understanding, friendships, responsibility, bullying, teasing, empathy, perspective		

#### **Learning Experience #9**

The teacher may synthesize the behaviors and attributes of friends/friendship (revisit 1st and 2nd Learning Experiences) so students can discover the ways in which speaking, listening, and empathizing can create effective ways to create safe environments and deescalate/prevent bullying.

Generalization Connection(s):	Responsible students can identify and help prevent bullying and teasing behaviors which can create an attitude of acceptance of self and others	
Teacher Resources:	http://www.activityvillage.co.uk/decorate-the-shield (Printable shield with some pre-pasted items)	
Student Resources:	http://www.activityvillage.co.uk/decorate-the-shield (Printable shield with some pre-pasted items)	
Assessment:	Students will design individualized, personal, and physical representations of friendship (e.g., a friendship shield, a bully-proof vest), which encompasses the three elements of advocacy, listening, and empathy as means to counteract/prevent bullying.	
Differentiation:	Access (Resources and/or Process)	Expression (Products and/or Performance)
(Multiple means for students to access content and multiple modes for student to express understanding.)	http://www.activityvillage.co.uk/decorate-the-shield (Printable shield with some vocabulary items already illustrated) The teacher may have students work in pairs or groups to locate appropriate pictorial representations	Students may complete a partially constructed friendship shield or bully proof vest with the vocabulary from the word wall
Extensions for depth and complexity:	Access (Resources and/or Process)	Expression (Products and/or Performance)
	http://www.bullying.co.uk/poster/ (Anti bullying poster building)	Students may create a poster supporting advocacy and friendship in order to promote anti-bullying
Critical Content:	Multiple perspectives	
Key Skills:	<ul> <li>Intervene and respond appropriately if self or others are being teased or bullied</li> <li>Show support to someone who has been harmed by bullying</li> <li>Differentiate between bullying and teasing</li> </ul>	
Critical Language:	Self-advocacy, acceptance, tolerance, feelings, communication, respect, understanding, friendships, responsibility, bullying, empathy, perspective	

#### Learning Experience # 10

The teacher may invite community leaders/representatives to discuss scenarios when personal intervention may or may not be safe and/or appropriate so students can begin to analyze the best ways to respond to acts of bullying.

Generalization Connection(s):	Responsible students can identify and help prevent bullying and teasing behaviors which can create an attitude of acceptance of self
	and others

Teacher Resources:	http://www.thirteen.org/closetohome/pdf/CTHelementary.pdf (Ideas for prepping for a guest speaker appear on page ten of this helpful guide) http://busyteacher.org/7083-top-10-ways-get-most-from-guest-speaker.html (Guide for prepping for guest speakers) http://onceuponasketch.com/2013/01/download-free-childrens-book-templates/ (Picture book creation templates)	
Student Resources:	Stand Up for Yourself and Your Friends: Dealing with Bullies and Bossiness and Finding a Better Way - Patti Kelley Criswell and Angela Martini Confessions of a Former Bully - Trudy Ludwig and Beth Adams (Lexile level: 810)	
Assessment:	Students will construct individual entries (write and illustrate) for a class book that describes scenarios when personal intervention is and is not the most effective way to respond to a bullying situation.	
Differentiation:	Access (Resources and/or Process)	Expression (Products and/or Performance)
(Multiple means for students to access content and multiple modes for student to express understanding.)	The teacher may have students work with a partner to create the illustrations <pre>http://onceuponasketch.com/2013/01/download-free-childrens-book-templates/</pre> (Picture book creation templates)	Paired students may produce one or two entries for the class book
Extensions for depth and complexity:	Access (Resources and/or Process)	Expression (Products and/or Performance)
	http://onceuponasketch.com/2013/01/download-free- childrens-book-templates/ (Picture book creation templates)	Students may create a class book to commemorate the guest speaker and highlight the speaker's advice/ideas
Critical Content:	Appropriate anti-bullying strategies	
Key Skills:	Intervene and respond appropriately if self or others are being teased or bullied	
Critical Language:	Communication, well-being, safety, understanding, relationships, responsibility	

# Learning Experience # 11

The teacher may encourage students to recognize when the help of a trusted adult is necessary in bullying situations so students can reach out to appropriate adults who can deescalate the situation.

Generalization Connection(s):	Responsible students can identify and help prevent bullying and teasing behaviors which can create an attitude of acceptance of self and others	
Teacher Resources:	https://www.teachervision.com/graphic-organizers/printable/56506.html (Customizable graphic organizers)	
Student Resources:	http://www.cybersmart.gov.au/Schools/Teacher%20resources/Lower%20primary/Lower%20primary%20teacher%20resources/~/media/Cybersmart/Schools/Images/Sharing-personal-information-1.ashx (Trusted adult template for illustrating and writing)	
Assessment:	As a class, students will compile a class list of trusted adults they are able to reach out to for help in bullying situations at specific locations (playground, classroom, public parks, public buildings)	

Differentiation: (Multiple means for students to access content and multiple modes for student to express understanding.)	Access (Resources and/or Process)	Expression (Products and/or Performance)	
	http://www.cybersmart.gov.au/Schools/Teacher%20resource s/Lower%20primary/Lower%20primary%20teacher%20res ources/~/media/Cybersmart/Schools/Images/Sharing- personal-information-1.ashx (Trusted adult template for illustrating and writing)	Students may orally present their illustrations of trusted adults for inclusion in the compile class list	
Extensions for depth and complexity:	Access (Resources and/or Process)	Expression (Products and/or Performance)	
	http://www.cybersmart.gov.au/Schools/Teacher%20resource s/Lower%20primary/Lower%20primary%20teacher%20res ources/~/media/Cybersmart/Schools/Images/Sharing- personal-information-1.ashx (Trusted adult template for illustrating and writing)	Students may add scenarios to the class book to illustrate when and where specific trusted adults may be consulted during bullying situations	
Critical Content:	Appropriate anti-bullying strategies		
Key Skills:	<ul> <li>Identify helpful caring and trusted professionals and or adults in a bullying situation</li> <li>Intervene and respond appropriately if self or others are being teased or bullied</li> </ul>		
Critical Language:	Bullying, health, communication, well-being, respect, safety, understanding, relationships, responsibility		