

# HealthierUS School Challenge: Smarter Lunchrooms (HUSSC: SL) Tip Sheet

## Smart Snacks

Use this tip sheet to complete the Smart Snacks section of the HUSSC: SL application. Below you'll find an explanation of the criteria requirements, how to use the Alliance for a Healthier Generation's Smart Snacks Calculator, as well as additional Smart Snacks resources. Good luck!

### Smart Snacks Criteria

#### Criteria for All Award Levels

Schools must meet Smart Snacks in School Nutrition Standards as defined in 7 CFR Parts 210 and 220.

- All foods and beverages sold to students during the school day\* meet or exceed the USDA's nutrition standards for all foods and beverages sold to students.
- This includes a la carte, vending, school stores, snack or food carts and any food-based fundraising.
- School follows fundraising exemptions and guidance set by their state agency.

#### Bronze and Silver

- The school offers training on Smart Snacks criteria annually to all individuals who are involved in the sale of foods to students on the school campus during the school day.
- The school does not advertise or market foods and beverages that do not meet Smart Snacks criteria to students.

*\*midnight to 30 minutes after the school day ends*



### Want to learn more about HUSSC: SL?

Check out the HUSSC: SL mini-webinar series that can be found at our YouTube Channel: [Action4HealthyKids](#)

Smart Snacks Mini-webinar: <http://bit.ly/1GtM6rZ>

#### Gold

- School meets criteria for Bronze and Silver and the following:
- The school only permits food-related fundraisers that meet USDA's Smart Snacks standards, even if the State allows exemptions. State exemptions can be found at: [bit.ly/1H29emz](http://bit.ly/1H29emz)
- If foods and beverages are sold to students on the school campus at events outside of the school day, then water, fruits, and/or vegetables are also offered and promoted as options.

#### Gold Award of Distinction

- School meets Gold criteria and the following:
- The majority (greater than 50%) of school-sponsored fundraising events conducted outside of the school day include only non-food items or only foods and beverages that meet or exceed the USDA's Smart Snacks in School nutrition standards.



## The Alliance for a Healthier Generation's Smart Snack Calculator

This calculator can help your school figure out if foods that your school sells align with the federal guidelines for Smart Snacks.

All you have to do is enter information from the nutrition facts label on your snack, side or entrée item and answer a few questions about that food item.

### **Smart Snack Calculator**

<http://bit.ly/YqbuR1>

Enter all food and beverage labels (including a la carte, vending, school stores, snack or food carts and any food-based fundraising) through the calculator. Be sure to print all labels to send in with your application!



## Additional Resources

- **Action for Healthy Kids' Game On Program:**  
<http://www.actionforhealthykids.org/tools-for-schools/>
  - Game On Activities: Smart Snacks, Healthy and Active Fundraising
- **Official Smart Snacks Standards:**  
[http://www.fns.usda.gov/sites/default/files/allfoods\\_flyer.pdf](http://www.fns.usda.gov/sites/default/files/allfoods_flyer.pdf)
- **USDA Smart Snacks Resources:**  
<http://www.fns.usda.gov/healthierschoolday/tools-schools-focusing-smart-snacks>
- **Alliance for a Healthier Generation Smart Snacks Resources:**  
[https://www.healthiergeneration.org/take\\_action/schools/snacks\\_and\\_beverages/smart\\_snacks/](https://www.healthiergeneration.org/take_action/schools/snacks_and_beverages/smart_snacks/)
- **Alliance for a Healthier Generation Smart Snacks Calculator:**  
[https://www.healthiergeneration.org/take\\_action/schools/snacks\\_and\\_beverages/smart\\_snacks/alliance\\_product\\_calculator/](https://www.healthiergeneration.org/take_action/schools/snacks_and_beverages/smart_snacks/alliance_product_calculator/)
- **Guide to State Fundraising Exemptions:**  
[bit.ly/1H29emz](http://bit.ly/1H29emz)