

HealthierUS School Challenge: Smarter Lunchrooms (HUSSC: SL)

What is HUSSC: SL?

The United States Department of Agriculture's (USDA) HealthierUS School Challenge: Smarter Lunchrooms (HUSSC: SL) is a voluntary initiative established for schools to toot their horn about efforts in improving food and beverages, teaching kids nutrition, and encouraging more physical activity. Does your school participate in the National School Lunch and School Breakfast Programs? If so, your school can be recognized for creating healthier school environments! Help develop lifelong, healthy habits in your students through HUSSC: SL because we know healthy kids learn better!



There are 4 levels of certification!



This initiative recognizes schools that:

- Meet meal pattern requirements
- Implement Smarter Lunchroom techniques
- Go above and beyond Federal requirements for Smart Snacks and the Local Wellness Policy

Interested in becoming HUSSC: SL certified?

Action for Healthy Kids can help!

Contact AFHK:
gameon@actionforhealthykids.org

Who should be involved?

We recommend that you pull together your team to complete this application.



Tips for getting started

1. Join Team Nutrition:
<http://www.fns.usda.gov/tn/join-team>
2. Review the HUSSC: SL application and take notes on questions you might have. Contact us with your questions!
3. Review your district wellness policy and list ways that your school is implementing the policy.
4. Are you finding any gaps after reviewing the application and your district wellness policy? If so, check out Action for Healthy Kids' Game On program. It's free to register and provides 45+ ideas for eating better and moving more. Visit our website to get started today:
<http://www.actionforhealthykids.org/tools-for-schools>