

CDE Healthy Schools Grant (CDC Funded)

Health and Wellness Unit



COLORADO
Department of Education

OVERVIEW

Colorado has received a grant award *Improving Student Health and Academic Achievement through Nutrition, Physical Activity and the Management of Chronic Conditions* from the Centers for Disease Control and Prevention (CDC) to reduce chronic disease risk factors and improve student health by addressing healthy eating/nutrition, physical activity, out of school time and chronic disease management for children and youth.

Chronic disease is the leading cause of mortality and morbidity in Colorado. Eight out of 10 deaths in Colorado are attributed to chronic disease and its associated risk factors. Many of these deaths are preventable and linked to risk behaviors established during childhood and adolescence. In Colorado, the burden of chronic disease disproportionately impacts racial/ethnic and lower socioeconomic populations, creating similar health disparities documented in other states, particularly for children and youth.

This program supports efforts to address best practices, and effective programs within Colorado schools and out-of-school time. These efforts are important and aligned to improve health promoting behaviors and reduce the burden of chronic disease across the state and with priority districts and populations.

This will be a five year grant with approximately \$102,000 available for districts for distribution annually.

PURPOSE

The purpose of the grant is to support implementation of the Whole School, Whole Child, Whole Community (WSCC) model through partnerships with the Colorado Department of Public Health and Environment (CDPHE) and other statewide partners by providing quality professional development and technical assistance, to reduce chronic disease risk factors and support school health efforts around healthy eating/nutrition, physical activity, out of school time and chronic disease management for children and youth.

The grant funds Colorado local education agencies (LEAs), including six priority LEAs receiving quality professional development and technical assistance to support their school health efforts to reduce health disparities.

High quality professional development and technical assistance support all local education agencies beyond the funded school districts to support the adoption, implementation and evaluation of school health policies, programs and best practices through the collaborative efforts of CDE, CDPHE and statewide partners.

Current Healthy Schools Grants and Moving Forward

Healthy Schools Grantees 2018-2023

- Provided 11 professional development opportunities supporting 347 health and wellness leaders and educators.
- Helped plan and coordinate two, two day coordinator meetings. Supported two online healthy schools learning communities.
- Provided professional development and technical assistance to priority district schools in developing and sustaining district and school health teams as well as the WSCC model.
- Leveraging the Healthy Schools Hub to support communicate with stakeholders.
- Supported statewide training cadres for physical education, physical activity, health education, health services and infrastructure development and sustainability.

Moving Forward

- Enhance and support statewide infrastructure
- Supporting out of school time activities to increase healthy eating and physical activity
- Continue funding and support of priority districts



CDE HEALTHY SCHOOLS GRANTEES 2018-2023

Funded Districts	Location	Number of Students	Percent Free and Reduced	Percent Minority
VALLEY RE-1	Rural	2291	50%	30%
LAKE COUNTY	Rural/Mountain	1036	58%	72%
ENGLEWOOD	Urban	2759	51%	72%
PLATTE VALLEY RE-7	Rural	1095	33%	38%
SHERIDAN 2	Urban	1258	90%	88%
WELD COUNTY RE-1	Rural	1938	50%	56%
TOTAL:		10,377	55%	59%

Where can I learn more?

- Office of Health and Wellness
The Colorado Department of Education
201 E. Colfax Ave. – Room 300
Denver, CO 80203
 - Program Contact
Shannon Milliken – milliken_s@cde.state.co.us
- For more information, [visit the Student Wellness Programs webpage.](#)
- [View all CDE fact sheets](#)