

## COLORADO

**Department of Education** 

## Welcome!

#### Colorado Student Wellness Grant Application Webinar

Please put your NAME and DISTRICT/BOCES/ORGANIZATION in the chat!



## COLORADO

**Department of Education** 

## **Colorado Student Wellness Grant**

Pursuant to H.B. 08-1224

**Application Information Webinar** 

March 2021



# **Application Key Elements**



#### Introduction

- The Colorado General Assembly passed House Bill 1224 in spring 2008 authorizing funding for local Student Wellness Programs, acknowledging that for students to reach their full potential, school communities need to address comprehensive issues of student wellness, including but not limited to addressing the physical, mental, emotional and social needs of students.
- They further stated that high-quality physical education programs taught by individuals who are licensed or endorsed in physical education may be a factor in battling the rising incidence of childhood obesity by ensuring not only that children receive a healthy level of physical activity, but that they also learn skills and develop knowledge that will enable them to maintain a healthy level of activity throughout their lifetimes.



#### Purpose

- This grant program exists to support evidence-based practices and the implementation of Whole School, Whole Community, Whole Child approaches for students to:
  - Enter school HEALTHY and learn about and practice healthy lifestyles;
  - Learn in an environment that is physically and emotionally SAFE for students and adults;
  - Be actively ENGAGED in learning and are connected to the school and broader community;
  - Have access to personalized learning and are SUPPORTED by qualified, caring adults; and
  - Be CHALLENGED academically and prepared for success in college or further study and for employment and participation in a global environment.
- Student Wellness grantees use the <u>Centers for Disease Control and Prevention's</u> <u>Whole School, Whole Child, Whole Community Model (WSCC)</u> as a strategy to improve the health and well-being of children and youth in Colorado schools.
- Successful grantees will work at the school and district level to coordinate and align programs, policies, practices, and environmental changes in an effort to systematically identify and address barriers related to learning and health. Through this coordinated approach efforts may support the physical, mental, emotional and/or social needs of students.



#### Definitions

- A local "Student Wellness Program" means a program adopted by a Local Education Provider (LEP) that is coordinated across components and is designed to provide services to students in one or more of the following component areas:
  - Health Education
  - Physical Education and Physical Activity
  - Nutrition Environment and Services
  - Health Services
  - Counseling, Psychological and Social Services
  - Social and Emotional Climate
  - Physical Environment
  - Family Engagement
  - Community Involvement
- As part of a coordinated approach health education aligned with Colorado's Academic Standards and skills should be a core component.
- A local Student Wellness Program will have a designated coordinator, a health advisory council, and building-level health teams representing all areas listed above. The coordinator will oversee the implementation of the local Wellness Policy, the local (District) health advisory council, and assist school health teams in completing a needs assessment and school health improvement plans to support the physical, mental, emotional, and social needs of students. District Comprehensive Health and Wellness plans can be supported through this grant opportunity. Local Wellness Programs will be encouraged to follow the National Association of Chronic Disease Directors WSCC Implementation Guide or Destination Health Schools Successful Students Roadmap to Healthy Schools. Schools will be encouraged to use Colorado's SMART Source as a needs assessment and a tool to track school wellness progress.
- Note: If an applicant proposes to use an alternative process other than the National Association of Chronic Disease Directors WSCC Implementation Guide or Destination Health Schools Successful Students Roadmap to Healthy Schools, the applicant must provide justification as to how the district process aligns with the content, steps, and phases of the guide.



#### **Grant Focus Areas**

- Successful grantees use awarded funds for the following focus areas:
  - Identify and address inequities in policies, practices, and programs that support the physical, mental, emotional, and social needs of students and reduce barriers to learning through a WSCC approach.
  - Identify health disparities impacted by race, ethnicity, gender, disability, sexual orientation, geographic location, etc. within your district and explain how your whole child efforts will focus on reducing those health disparities.
  - Identify and address opportunities for underrepresented or marginalized student populations in policies, practices, and programs.
  - Increase coordination of policies, practices, and programs to support the physical, mental, emotional, and social needs of students to reduce barriers through a WSCC approach.
  - Increase coordination of policies, practices, and programs to support the management of chronic diseases (e.g., asthma, food allergies, diabetes, etc.).
  - Build district infrastructure and sustainability efforts to support a WSCC approach.
  - Improve local wellness (USDA) or supporting health and wellness policies aligned with best practices.
  - Increase implementation of district wellness policies and best practices to support healthy eating, physical activity, and health education.
  - Connect school health and wellness efforts to comprehensive health education standards and skills.
  - Increase community engagement and involvement to enhance a WSCC approach.

### **Eligible Applicants**

- Local Education Providers (LEPs) are eligible to apply for this opportunity. An eligible LEP is:
  - A School District(s);
  - A Board of Cooperative Services (BOCES);
  - A Charter School(s) authorized by a School District, or the Charter School Institute.
  - Facility School(s)
- Local Education Providers may apply as a region, group, or consortium.
- Note: A Charter School's authorizer will be the fiscal agent, if funded.
- Applicants that have received funds from the Colorado Department of Education Student Wellness grant during the previous funding cycle may apply for this current funding opportunity; however, their application must describe current grant activities services and demonstrate how, if awarded, capacity to provide activities and services will be expanded, augmented, or sustained. Past expenditure of funds and quality of program implementation will also be considered. Previously funded applicants will be asked to apply at a reduced level of funding compared to other newly funded applicants (see Available Funds section below for more details).
- Districts that have not received funds from the Colorado Department of Education Student Wellness grant in the previous two rounds of funding (2015-2018; 2018-2021) will receive additional points for applying (see Selection Criteria and Evaluation Rubric section for more details).



#### Available Funds

- Approximately \$480,000 is available for the 2021-2022 school year, with funding contingent on approval of appropriations from the State Legislature. The Colorado Department of Education anticipates to award grants for a three-year period.
  - Funding in subsequent years for grantees is contingent upon continued appropriations and upon grantees meeting all grant, fiscal, and reporting requirements.



#### Available Funds

- Applicants may request up to \$40,000 per year for new applicants that have not received Student Wellness Funding from the Colorado Department of Education during the previous funding cycle (2018-2021).
- Applicants that have had previous funding (2018-2021) may apply for a maximum of \$25,000. This decrease in funding for previously funded grantees is to ensure sustained efforts beyond the grant and to engage new applicants in health and wellness efforts.

Previous Grant Information									
[The following information will be verified by CDE and considered in the funding decision.]									
Has the applicant district or school received previous Stu	🗆 Yes	🗆 No							
Did the applicant receive previous Student Wellness fund	ling for the 2015-2018 grant cycle?	🗆 Yes	🗆 No						
Did the applicant receive previous Student Wellness fund	ling for the 2018-2021 grant cycle?	🗆 Yes	🗆 No						
If previously funded, were funds expended in a timely ma	If previously funded, were funds expended in a timely manner?								
If previously funded, were any unspent funds reverted ba	🗆 Yes	🗆 No							
If Yes, enter the year(s) and amount(s) of reverted funds	If <i>Yes,</i> enter the year(s) and amount(s) of reverted funds below:								
Year(s):	Amount(s):								



#### **Available Funds**

• Applicants are <u>encouraged</u> to demonstrate a 10% match of the funds requested to support the work of this grant opportunity. Matching funds may include both in-kind and cash matches. The matching funds can come from state dollars, local government dollars, private dollars, or in-kind support.



#### Allowable Use of Funds

- A Local Education Provider that receives a grant under the program shall use the funds to:
  - Fund a health coordinator and/or co-leaders for school health teams in buildings;
  - Provide budgets for school health teams to implement their School Health Improvement Plans;
  - Provide substitute pay and stipends for coordinator and school health team members to attend meetings or trainings;
  - Fund travel for two-one day, coordinator meetings and other professional development opportunities;
  - Purchase curriculum, resources, and materials to implement best practices; or
  - Purchase technology for use in the student wellness program (must be approved by CDE).

#### • Funding may not be used for:

- One-time speakers and or events that are not aligned with other systemic initiatives (when aligned speakers must be approved by CDE);
- Gift Cards for incentives
- Scare tactics;
- Health fairs;

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- Staff wellness;
- Capital construction;
- Kitchen/cafeteria equipment; or
- Vending Machines.
- Local Education Providers (LEPs) may receive funding for a local student wellness program that includes
  physical education only if each person who teaches one or more physical education courses is licensed and
  endorsed in physical education (C.R.S. 22-32-136, Article 60.5). However, this requirement will not apply to
  a school district that enrolls 1,500 or fewer students. If a Local Education Provider receives funding for a
  local wellness program that includes physical education, they must provide documentation that each person
  who teaches one or more physical education courses is licensed and endorsed in physical education. The
  applicant will be required to submit documentation from the Human Resources Office that verifies that all
  physical educators are endorsed and licensed or submit a plan for how they will support those teachers in
  securing licensing and endorsement in physical education.

### **Duration of Grant**

- Grants will be awarded for a three-year term beginning in the 2021-2022 fiscal year.
  - Additional grant funding for subsequent years will be contingent upon annual appropriations by the State Legislature as well as completion of all evaluation and report requirements (see Evaluation and Reporting section).
  - Funded applicants for the 2021-2022 school year are not guaranteed any additional funding beyond the 2021-2022 year at this time.
- Year 1 funds must be expended by June 30, 2022
  - There will be no carryover of funds.
  - Unobligated funds will be carried forward into the next year during continuation.
  - In the final year all unobligated funds must be returned to CDE along with the submission of the Annual Financial Report.



### **Evaluation and Reporting**

- Each Education Provider that receives a grant through the Student Wellness Grant is required to report, at a minimum, the following information to the Department:
  - Annual mid-year progress report on work plan and objectives (January 30, 2022);
  - Annual mid-year progress budget report (January 30, 2022);
  - End-of-year progress report regarding work plan progress and budget (June 30, 2022);
  - Success story (June 30, 2022); and
  - Annual Financial Report (September 30, 2022).
- Please note that grantees will be expected to provide progress reporting and needs assessment data in Years 1 and 3 of this three-year grant.
- See Attachment C for the Mid-Year Progress Report Questions, and Attachment D for the End-of Year Program Report Questions.
- Additionally, Education Providers receiving funds through Student Wellness Grant may be selected for a site visit by CDE program staff during the 2021-2022 school year.
- Information reported to CDE in relation to grant activities is not confidential and is subject to public request. Grantees should ensure reported information does not contain PII or confidential information.



#### **Grant Assurances**

- The grantee will annually provide the Colorado Department of Education the evaluation information required in the Mid-Year Report (Attachment C) and the End-of-Year Report (Attachment D) of the Request for Proposal.
- The grantee will work with and provide requested data to CDE for the Student Wellness Grant within the time frames specified.
- The grantee will be required to attend two, one-day, training/meetings in the Denver metro area.
- Grantees will be required to attend monthly virtual collaborative meetings.
- The grantee will not discriminate against anyone regarding race, gender, national origin, color, disability, or age.
- Funds will be used to supplement and not supplant any funds currently being used to provide student health and wellness services for students in schools and grant dollars will be administered by the appropriate fiscal agent.
- Funded projects will maintain appropriate fiscal and program records and that fiscal audits of this program will be conducted by the grantees as a part of their regular audits.
- If any findings of misuse of these funds are discovered, project funds will be returned to CDE.
- An Annual Financial Report (AFR) will be submitted to CDE on a yearly basis.
- The grantee will maintain sole responsibility for the project even though subcontractors may be used to perform certain services.

- Applications will be reviewed by CDE staff and peer reviewers to ensure they contain all required components. Applicants will be notified of final award status no later than **Friday, May 14, 2021**.
- Note: This is a competitive process <u>applicants must score at</u> least 86 points out of the 124 possible points to be approved for <u>funding</u>.
  - Applications that score below 86 points may be asked to submit revisions that would bring the application up to a fundable level.
  - There is no guarantee that submitting an application will result in funding or funding at the requested level.
  - All award decisions are final.
  - Applicants that do not meet the qualifications may reapply for future grant opportunities.



- An electronic copy of the application (in PDF format) and electronic budget (in Excel format) must be submitted to <u>CompetitiveGrants@cde.state.co.us</u> by Friday, April 2, 2021, by 11:59 pm.
  - The electronic version should include all required components of the application as one document.
  - Attach the electronic budget workbook in Excel format as a separate document.
  - Incomplete or late applications will not be considered.
  - If you do not receive an email confirmation of receipt of your application within 24 hours after the deadline, email <u>CompetitiveGrants@cde.state.co.us</u>.
- Application materials and budget are available for download on <u>CDE's Health and Wellness website</u>.



#### **Application Format**

- Section A-B of the application cannot exceed 10 pages. See below for the required elements of the application. Note: Applications with Sections A-B that exceed 10 pages will not be reviewed.
  - Section C for BOCES, District(s), or Regional consortiums, will have two (2) additional pages to answer required questions. Note: Applications with a response for Section C that exceed two (2) pages will not be reviewed.
- Section D, E, and Section F do not count towards the page limit.
- All pages must be standard letter size, 8-1/2" x 11", using no smaller than 12-point font, single-spaced with 1-inch margins and numbered pages.
- The signature page must include original signatures of the lead district/BOCES/fiscal agent.



### **Required Elements**

 The format outlined below must be followed in order to assure consistent application of the evaluation criteria. See evaluation rubric for specific selection criteria needed in Part II (pages 15-19).

#### • Part I: Application Introduction [not scored]

- Part IA: Cover Page Applicant Information
- Part IB: Recipient Schools Information
- Part IC: Program Assurances Form
- Part ID: Executive Summary

#### • Part II: Narrative

- <u>10-Page Narrative Limit for Sections A-B</u>
  - Section A: Health Advisory Council
  - Section B: Project Description
- 2-Page Narrative Limit for Section C
  - Section C: Additional Narrative for BOCES and Regional/Charter School Consortiums
- <u>Sections D-F Not Counted Towards Page Limit</u>
  - Section D: Student Wellness Work Plan
  - Section E: Budget Narrative
  - Section F: Electronic Budget



### Intent to Apply

- The Intent to Apply for the Student Wellness Grant is due Friday, March 5, 2021, by 11:59 pm. Submit online at https://app.smartsheet.com/ b/form/28b6692b30dc45529 ec2530bcb84781d.
- The Intent to Apply is encouraged, but not required to submit an application.

to Apply I	u for your interest in the Colorado Student Wellness Grant. Please submit your Intent by Friday, February 26, 2021, by 11:59 pm. Though strongly encouraged, the Intent to nformational and is not a required component of the grant application submission
Lead App (Name of	licant * District/BOCES/CSI/Consortium)
	to be Served at this time)
Name of	Authorized Representative from Lead Applicant *
Name of	Application Contact *
Contact I	-mail Address *
Contact 1	Felephone Number *
Authoriz	ed Representative Approval *
	iat I am the named Authorized Representative, or the Authorized Representative is d has approved of the intent to apply for this funding opportunity.
O Yes	





# **Application Narrative**



- Part I: Application Introduction [Not Scored]
  - Cover Pages, Assurances, and Executive Summary
- Part II: Narrative [124 Points]
  - The following criteria will be used by reviewers to evaluate the application as a whole. In order for the application to be recommended for funding, it must receive at least 86 points out of the 124 possible points and all required elements must be addressed. An application that receives a score of zero on any required elements will not be funded.
- For those applicants that have previously received funding from the Student Wellness Grant, the expectation is that the narrative will include references to that award, where applicable.
  - For example, discuss how the funds contributed to the program and what still needs to be accomplished. In particular, applicants should demonstrate ongoing and improved capacity in the program and a well-developed plan for sustainability.

#### • Scoring Definitions

- <u>Minimally Addressed or Does Not Meet Criteria</u> information not provided
- Met Some but Not All Identified Criteria requires additional clarification
- <u>Addressed Criteria but Did Not Provide Thorough Detail</u> adequate response, but not thoroughly developed or high-quality response
- Met All Criteria with High Quality clear, concise, and well thought out response



## Section A: Health Advisory Council

Section A: Health Advisory Cou	ncil	Minimally Addressed or Does Not Meet Criteria	Met Some but Not All Identified Criteria	Addressed Criteria but Did Not Provide Thorough Detail	Met All Criteria with High Quality	TOTAL
health advisory council. If there	egional councils should have participating district(s). applicants must use include all	0	1	2	3	
<ol> <li>Describe how this district healt an advisory capacity to schools</li> </ol>		0	1	2	3	
Reviewer Comments:	▶ ⊕ ⊖ ⊕ 150% ▼ 🕒			•	Total	/6



## Section B: Project Description

Section B: Project Description	Minimally Addressed or Does Not Meet Criteria	Met Some but Not All Identified Criteria	Addressed Criteria but Did Not Provide Thorough Detail	Met All Criteria with High Quality	TOTAL
<ol> <li>Current state: Provide a specific and comprehensive description of the current work to support your efforts to reduce barriers to learning through your student wellness initiatives.</li> <li>To be eligible to receive full points, applicants must include the following in their response:         <ul> <li>a) The current state of the LEP(s) healthy schools initiatives are clearly defined.</li> <li>b) Relevant funding or lack of funding has been clearly stated as it relates to healthy schools.</li> <li>c) Partnerships are identified, relevant, and clearly linked to healthy schools initiatives.</li> <li>d) Describe existing policies, programs, and practices related to school health and wellness, and how they are coordinated or the lack of coordination.</li> </ul> </li> <li>NOTE: This question is scored based on the description of the current</li> </ol>	0	10	15	20	
status of the school/district not the extent that initiatives are in place.					
<ol> <li>Data to support needs: Use qualitative and quantitative data to support the need for school health and wellness improvements in your LEP(s)/schools.</li> <li>To be eligible to receive full points, applicants must include the following in their response:         <ul> <li>a) Relevant data is used to identify school- and/or LEP-level</li> </ul> </li> </ol>	0	3	7	10	
<ul> <li>b) A variety of qualitative and quantitative data points to identify needs (e.g., Healthy Kids Colorado, SMART Source, student demographic data, climate and culture surveys, observational data, student attendance, referral/suspension)</li> </ul>		5		10	



## Section B: Project Description (cont.)

ge	quity: Identify health disparities impacted by race, ethnicity, ender, disability, sexual orientation, geographic location, etc. ithin your district and explain how your whole child efforts ill focus on reducing those health disparities.					
To be	eligible to receive full points, applicants must include the	0	5	10	15	
follow	ving in their response:					
a)	A clear description of how you will or have identified health disparities within your district					
b	) Describe how your approach to using a whole child model					
	to improve identified health disparities					
4) Id	entifying Strategies: Describe the strategies you will use to					
a	ddress the identified areas of improvement/need.					
To be	eligible to receive full points, applicants must include the					
follow	ving in their response:					
a)	Strategies address school and or LEP-level needs based on available data.					
b)	<ul> <li>Describe the rationale for why your LEP has chosen these strategies.</li> </ul>	0	5	10	15	
c)						
	identified inequities and/or health disparities					
d	Identify how strategies are aligned with evidence-based					
	practice.					
e)	Clearly describe how you plan on improving opportunities					
	for underrepresented or marginalized student populations?					



## Section B: Project Description (cont.)

5) Policy and implementation: Describe the capacity and efforts to					
implement school-level policies, programs, and practices					
related to school health and wellness.					
To be eligible to receive full points, applicants must include the	0	3	7	10	
following in their response:	0	5	,	10	
<ul> <li>a) Strategy and capacity to implement school-level policies</li> </ul>					
and programs is clearly outlined.					
<li>b) Systems are in place to support implementation of policies,</li>					
programs, and practices at the school level.					
<ol><li>Describe strategies to support school-level communication,</li></ol>					
implementation, and enforcement of LEP-level policies,					
programs, and practices related to school health and wellness.					
To be eligible to receive full points, applicants must include the	0	3	7	10	
following in their response:					
<ul> <li>a) Strategies to address school are fully described and aligned</li> </ul>					
with best practices.					
<li>b) Strategies support an WSCC approach.</li>					
Reviewer Comments:					
				Total	/80



#### Section C: Additional Narrative for BOCES and Regional/Charter School Consortiums

Section C: Additional Narrative for BOCES and Regional/Charter School Consortiums BOCES, regional consortiums, and charter school consortium applicants must complete this section and are allowed an additional two pages to complete the questions below. This section is not scored as part of the application. Reviewers will provide comments only.	Included	Not Included	N/A
1) Describe your rationale for applying as a BOCES, region, or Charter Consortium.			
<ol> <li>Describe your plan for working with multiple districts/schools that have varied leadership, priorities, and systems.</li> </ol>			
<ol><li>Describe your plan for disbursing funds across consortium participants.</li></ol>			
Reviewer Comments:			

#### Two (2) additional pages allowed for this sections



### Section D: Student Wellness Work Plan

Section D: Student Wellness Work Plan Work Plan is not included in 10-page narrative limit.	Minimally Addressed or Does Not Meet Criteria	Met Some but Not All Identified Criteria	Addressed Criteria but Did Not Provide Thorough Detail	Met All Criteria with High Quality	TOTAL
<ol> <li>Complete the work plan for Year 1 of the district and/or school level work using the template provided in Attachment A. You may create multiple sections and objectives for these two areas. You may use the Other Work section of the plan as needed.</li> </ol>	0	10	15	20	
To be eligible to receive full points, applicants must include the following in their response:					

- a) Work Plan is completed using Attachment A.
- b) Objectives are SMART (specific, measurable, achievable, relevant, and time-phased).
- c) Activities are clearly aligned with identified needs.
- Activities are clearly aligned with best practices and the allowable use of funds.
- e) Evaluation and sustainability activities are clearly identified.

**Reviewer Comments:** 

Total



/20

#### Section D: Student Wellness Work Plan

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oss schools or district	s. i <b>ve</b> (Specific, Measurable, Achievabl	e Relevant Time-phased)	
	ive (specific, measurable, Achievable	e, nelevant, nine-phasea).	
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		Date to be Completed	Job Title of Person
Activity	Implementation Benchmark	(In chronological order)	Responsible
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Activity ther Areas (if neede re-year SMART Object nat data will you collect	Implementation Benchmark	Date to be <u>Completed</u> (In chronological order) e, Relevant, Time-phased): been achieved? Date to be <u>Completed</u>	Responsible
Activity her Areas (if neede e-year SMART Object nat data will you collect	Implementation Benchmark	Date to be <u>Completed</u> (In chronological order) e, Relevant, Time-phased): been achieved? Date to be <u>Completed</u>	Responsible



## Section E: Budget Narrative

Section E: Budget Narrative Budget Narrative is not included in 10-page narrative limit.	Addressed or Does Not Meet Criteria	Not All Identified Criteria	Addressed Criteria but Did Not Provide Thorough Detail	Met All Criteria with High Quality	TOTAL
<ol> <li><u>In addition</u> to submitting the Section F: Electronic Budget, include a budget narrative in a narrative format that addresses the following criteria:         <ul> <li>a) Provide an explanation that summarizes the proposed uses of grant funds by budget category and is tied to Section B: Project Description.</li> <li>b) Include the cost of the program that the applicant plans to implement using the grant funds.</li> </ul> </li> </ol>	0	3	6	9	
Reviewer Comments:				Total	/9



## Section F: Electronic Budget Workbook

Section F: Electronic Budget Workbook Excel budget is not included in 10-page narrative limit.	Minimally Addressed or Does Not Meet Criteria	Met Some but Not All Identified Criteria	Addressed Criteria but Did Not Provide Thorough Detail	Met All Criteria with High Quality	TOTAI
<ol> <li>Complete the Electronic Budget Budget worksheet (excel spreadsheet) and include with application.</li> <li>a) List costs of the proposed project as presented that are reasonable, necessary and are calculated to show how amounts are determined.</li> <li>b) The budget should be sufficient in relation to the objectives, design, scope, and sustainability of project activities and demonstrate how funds will be used for supplementary services.</li> <li>tem Description Example:</li> <li>X FTE for [role or title] at \$xxxxx per [hour or month or year] times [x per hours or months or year]</li> </ol>	0	3	6	9	
<ol> <li>The electronic budget clearly identifies matching funds (Not scored).</li> </ol>	[	□ No		🗆 Yes	



## Section F: Electronic Budget Workbook

B23	•	X 🗸 fx									
	А	В		С	D	E	F			G	
	#N/A			COLOR/	ADO WELLNESS July 1, 2021-	GRANT - STA June 30, 2022	TE FUNDS				January 0, 1900
4	1	2		3	4	5	6			7	
5	Program	Budget Object		Budgeted Cost	1st Revision	2nd Revision	3rd Revisio	n Descr		de FTE, all other expenses m s/staff to be served and quanti	
	Instructional/Suppor										
7		Employee Benefits (0200)									
8		Purchased Professional & Technical Service	es (0300)								
9		Travel (0580)									
10 11		Other Purchased Services (0500)									
12		Supplies (0600)									
12 13		Non-Capitalized Equipment (0735) Other (0800)									
14		Other (0800)									
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## Questions





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