

Children's Hospital Colorado
Department of Rehabilitation Medicine

Acquired Brain Injury Groups

We offer two groups for patients who have experienced acquired or traumatic brain injury.

- **Teens aged 13-21** and their parent/caregiver meet on the 1st and 3rd Tuesdays 4-5:30 p.m. at the Children's Hospital Colorado Anschutz Campus
- **School age children 6-12** and their parent/caregiver meet on the 2nd and 4th Tuesdays 4-5 p.m. at the Children's Hospital Colorado Anschutz Campus

The patient group helps:

- Build self-esteem
- Develop social skills
- Have fun with others they feel comfortable being around
- Share feelings in a non-threatening environment
- Develop friendships

The parent group helps with:

- The ability to educate others on brain injuries
- How to balance the child's needs with other family priorities
- How to support educational and developmental growth
- Help extended family understand the child's needs
- How brain injury can "intensify previous personality characteristics"
- Long-term plans and legal issues
- Sorting out the role of various professionals
- School options
- Connecting with other parents who share the ups and downs after brain injury
- Connecting with others who understand how you feel and relate to what you are going through

What is the process to get start group?

- To schedule an initial intake for group please call 720-777-5470
- We will check your insurance for insurance coverage and reimbursement