

Comprehensive Health Education Grant

Health Education Services Office



COLORADO
Department of Education

Overview

The Colorado Comprehensive Health Education Act of 1990 encourages a planned, sequential health education program offered at every grade level pre-K through grade 12. The intent of the funding is to foster healthy behaviors through increasing students' health knowledge and skills to establish and maintain their physical, emotional, social, mental, and sexual health and wellness in addition to the modification and reduction of "high risk behaviors."

"High risk behaviors" means actions by children and adolescents that present a danger to their physical or mental health, or which may impede their ability to lead healthy and productive lives (C.R.S. 22-25-103(4)).

During the 2023-24 school year, which is the second year of funding in the grant cycle, school districts and charters received \$360,000. This grant opportunity serves approximately 130,000 students per year.

Definition of Comprehensive Health Education

"Comprehensive Health Education" (C.R.S. 22-25-103(3)) means a planned, sequential health program of learning experiences in preschool, kindergarten, and grades one through twelve which shall include but not be limited to:

- Communicable diseases, including HIV/ AIDS
- Community, environmental and consumer health
- Dental health
- Tobacco, alcohol, and other drug use
- Human growth and development; hereditary and developmental conditions
- Mental, emotional health
- Nutrition, personal health, and physical fitness
- Family life education
- Injury prevention, safety, motor vehicle safety and emergency care, direct cardiopulmonary resuscitation and instruction on automated external defibrillator use and
- Age-appropriate instruction on family roles, child development and parenting
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The Healthy Youth Act of 2007 (HB 1292) directs that wherever offered, sexuality education must be science based, age-appropriate, culturally sensitive, medically accurate and address the topics of abstinence and contraception (C.R.S. 22-1-110.5).

Current Grantees and Moving Forward:

- This grant serves eight (8) rural and four (4) urban/suburban schools or districts. This supports students in a charter school within the UTE Mountain Tribe, metro area and rural schools and a rural community school.

Current Grantees:

- Boulder Valley School District
 - Center Consolidated Schools 26-JT
 - Kwiyaqat Community Academy (KCA)
 - East Grand School District RE-2
 - Gunnison School District
 - Harrison School District 2
 - Jefferson County School District R-1
 - Las Animas School District
 - Mancos School District
 - New American Schools
 - North Routt Community Charter School
 - Telluride School District
- CDE has supports grantees through in person grantee meetings, technical assistance, and monthly community of practice convenings.
 - Districts will be examining their existing infrastructure through the lens of implementation science examining internal supports and drivers in their school communities.
 - Districts will be enhancing or creating District Health Advisory Councils with community and family engagement.
 - Grantees will focus on aligning and updating health education curriculum with standards and legislative requirements, supporting district curriculum, resources, and lessons.

WHERE CAN I LEARN MORE?

- To learn more, visit the [State Funded Comprehensive Health Education webpage](#).
- For questions, contact Jamie Hurley at hurley_j@cde.state.co.us or 303-866-6453
- [View all CDE fact sheets: www.cde.state.co.us/communications/factsheetsandfaqs](http://www.cde.state.co.us/communications/factsheetsandfaqs)