

# Birth to Five Concise Developmental

## One Month

- Holds head up briefly when supported
- Briefly watches & follows objects with eyes
- Prefers human faces over other shapes
- Color vision limited; prefers black-&-white or high-contrast patterns
- Some "noise in throat" sounds

## Two Months

- Holds head erect, bobbing, when supported in sitting position
- Tracks slowly moving objects
- Turns head toward sounds
- Vocalizes with coos & gurgling noises
- Gets fussy if activity doesn't change
- Focuses on objects 8-15 inches away
- Begins grouping language sounds into categories such as vowels & consonants

## Four Months

- Rolls from side to side
- Takes object held near hand
- Laughs aloud
- Begins to babble
- Imitates sounds heard, facial expressions & some movements
- Likes to play with people & might cry when playing stops

## Six Months

- Transfers objects from hand to hand & from hand to mouth
- Strings vowels together when babbling & begins to say consonant sounds
- Takes turns with parent making sounds
- Responds to own name
- Begins to sit without support

## Nine Months

- May be afraid of strangers
- Copies sounds and gestures
- Sits without support; crawls & stands with support
- Plays with 2 objects at the same time
- Says "mama" & "dada"
- Likes to take breaks with books & stories

## Twelve Months (1 Year)

- May say 2 or 3 words
- Responds to simple spoken requests
- May be shy or nervous with strangers
- Hands you a book when he wants to hear a story
- Explores objects in different ways, like shaking, banging, & throwing
- Looks at the right picture when it's named
- May stand & take a few steps
- Has favorite people & objects
- Makes sounds with changes in tone
- Uses simple gestures

## Eighteen Months

- Likes being read to
- Makes marks with crayon
- Says 5-10 single words
- May have temper tantrums
- Explores alone but with parent close by
- Points to show someone what he wants
- Plays simple pretend, like feeding a doll
- Says & shakes head "no"
- Points to a body part
- Walks alone & may climb steps & run
- Rapid increase in vocabulary

Children are made readers on the laps of their parents. --Emilie Buchwald

## 2 Years

- Asks for items by name
- Uses 2 or 3 words together, such as "more juice"
- Gets excited when with other children
- Plays mainly beside other children, but begins to include other children
- Knows names of familiar people & body parts
- Points to & names pictures in a book
- Begins to sort shapes & colors
- Completes sentences & rhymes in familiar books
- Plays simple make-believe games
- Makes or copies straight lines and circles

## 3 Years

- Feeds & dresses self
- Verbalizes toilet needs
- Takes turns in games
- Understands the idea of "mine" & "his" or "hers"
- Shows a wide range of emotions
- Knows own age, sex, last name
- Can name most familiar things
- Understands words like "in," "on," "under"
- Talks well enough for strangers to understand most of the time
- Carries on a conversation using 2 to 3 sentences
- Can work toys with buttons & moving parts
- Turns pages one at a time
- Climbs and runs well



## 4 Years

- Enjoys doing new things
- Points to 8 basic colors
- Is more creative with make-believe play
- Would rather play with other children than alone
- Cooperates with other children
- Often can't tell what's real & what's make-believe
- Talks about likes and interests
- Knows some basic rules of grammar, such as correctly using "he" & "she"
- Sings a few songs & recites a few short poems & nursery rhymes from memory
- Tells stories
- Uses scissors
- Starts to copy capital letters
- Plays board or card games
- Tells you what she thinks is going to happen next in a book

## 5 Years

- Likes to sing, dance, & act
- Prints a few capital letters & numbers
- Answers verbally to "Hi" & "How are you?"
- Recognizes own printed name
- Shows concern & sympathy for others
- Can tell what's real and make-believe
- Speaks clearly
- Tells a simple story using full sentences
- Uses future tense
- Counts 10 or more items
- Copies geometric shapes
- Is sometimes demanding, other times cooperative
- Can draw a person with at least 6 body parts

